



# Spa Treatment Price Menu

## Massage Therapies

### // HOT STONE THERAPY

Healing massage with the aid of heated volcanic stones.  
Duration: 90 minutes / Amount: UGX 150,000

### // SERENA SIGNATURE ESCAPE

Ultimate Elemis Duo, a sensational massage with a beautiful hot stone facial massage.  
Duration: 60 minutes / Amount: UGX 180,000

### // ELEMIS FREESTYLE DEEP TISSUE MASSAGE

An exotic massage that incorporates techniques from ten different cultures.

#### *Choose either:*

#### . Stress-a-way

Soothing & relaxing.  
Duration: 60 minutes / Amount: UGX 121,000

#### . Spirit Reviver

Detoxifying and uplifting  
Duration: 60 minutes / Amount: UGX 121,000

#### . Muscle Melt

Helps ease tired aching muscles  
Duration: 60 minutes / Amount: UGX 121,000

#### . Chakra Balancing

Brings body into total equilibrium.  
Duration: 60 minutes / Amount: UGX 121,000

#### . Elemis Deep Tissue Back Massage

Rebalancing, De-stress or Cellutox.  
Duration: 30 minutes / Amount: UGX 89,000

#### . Hot Mineral Body Boost

An exceptional conditioning and re-invigorating body treatment.  
Duration: 60 minutes / Amount: UGX 130,000

#### . Garden of England Rose Restore

A hydrating massage with micro wrap to leave the skin supple, moisturized and delicately scented.  
Duration: 60 minutes / Amount: UGX 130,000

#### . Purely Maisha Deep Tissue Massage

Works deep into the muscles.  
Duration: 90 minutes / Amount: UGX 175,000  
Duration: 60 minutes / Amount: UGX 102,000  
Duration: 30 minutes / Amount: UGX 78,000

### // PURELY MAISHA AROMATHERAPY MASSAGE

Therapeutic massage with use of essential oils to suit your mood.  
Duration: 90 minutes / Amount: UGX 150,000  
Duration: 60 minutes / Amount: UGX 102,000  
Duration: 30 minutes / Amount: UGX 78,000

### // PURELY MAISHA SWEDISH MASSAGE

Simply relaxing and improves circulation.  
Duration: 60 minutes / Amount: UGX 78,000

### // SERENA GOLF BALL MASSAGE

A deep body massage performed with golf balls.  
Duration: 60 minutes / Amount: UGX 102,000

### // FULL BACK MASSAGE

Duration: 40 Minutes / Amount: UGX 78,000

### // AFRICAN RELAXING MASSAGE

It relieves tired and aching muscles, giving total relaxation. Performed with local gourds.

Duration: 90 minutes / Amount: UGX 150,000  
Duration: 60 minutes / Amount: UGX 114,000

### // FACE AND SCALP MASSAGE

Duration: 30 minutes / Amount: UGX 41,000

### // INDIAN HEAD, NECK AND SHOULDER MASSAGE

Duration: 30 minutes / Amount: UGX 66,000

### // FOOT PRESSURE MASSAGE

Unblocks energy channels.  
Duration: 30 minutes / Amount: UGX 55,000

### // COUPLES MASSAGE

Enjoy each other's company while getting an Aromatherapy massage.

Duration: 90 minutes / Amount: UGX 280,000  
Duration: 60 minutes / Amount: UGX 204,000

### // MOTHER-TO-BE MASSAGE

Duration: 60 minutes / Amount: UGX 121,000

## Facials

### // ANTI-AGEING

#### . Pro-Definition Lift and Contour

Restore the architecture of your face with potent plant actives.  
Duration: 75 minutes / Amount: UGX 237,000

#### . Pro-Collagen Age Defy

Experience the age-defying benefits of marine-charged Padina Pavonica  
Duration: 75 minutes / Amount: UGX 210,000

#### . Dynamic Resurfacing Precision Peel

Targets the signs of ageing and dull, tired, uneven skin tone.  
Duration: 75 minutes / Amount: UGX 210,000

#### . White Brightening Pigment Perfector

Illuminates and brightens for a naturally more even complexion.  
Duration: 75 minutes / Amount: UGX 210,000

### // SKIN SOLUTIONS

#### . Taster facial

A quick and instant pick me up for any occasion.  
Duration: 30 minutes / Amount: UGX 66,000

#### . Superfood Pro-Radiance

Energise and detoxify stressed, dull skin with a nutritional superfood boost.  
Duration: 60 minutes / Amount: UGX 169,000

#### . Anti-Blemish Mattify and Calm

Mattify and combat oil and shine whilst restoring micro-circulation.  
Duration: 60 minutes / Amount: UGX 169,000

#### . Sensitive Skin Soother

Reduce the appearance of redness and protect against daily stresses.  
Duration: 60 minutes / Amount: UGX 169,000

#### . Deep Cleanse Facial

Fit for all skin types. It includes cleansing and gentle exfoliation leaving the skin fully revitalized.  
Duration: 60 minutes / Amount: UGX 108,000



// MEN

**. High Performance Skin Energiser**

The hard-working facial for ageing, dehydrated skin combined with scalp and foot massages.

Duration: 60 minutes / Amount: UGX 169,000

**. Total Timeout**

Elemis deep tissue massage and High Performance Skin Energiser

Duration: 120 minutes / Amount: UGX 288,000

// SPA RITUAL

**. Absolute Spa Ritual**

Elemis deep tissue massage and Anti-Ageing Facial

Duration: 120 minutes / Amount: UGX 288,000

**. Absolute Spa Ritual**

Elemis deep tissue massage and Skin Solution Facial.

Duration: 120 minutes / Amount: UGX 277,000

## Detox and Cellulite Therapy

// THOUSAND FLOWER DETOX WRAP

Uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification.

Duration: 60 minutes / Amount: UGX 127,000

// TARGETED TONING TIGHTENER

A powerful blend of massage and detoxifying clay for targeted toning and improved circulation.

Duration: 60 minutes / Amount: UGX 127,000

## Scrubs and Wraps

// INTENSELY CLEANSING SALT SCRUB (*Lime and Ginger or Frangipani*)

Encourages cell regeneration for the softest, smoothest, most nourished skin.

Duration: 30 minutes / Amount: UGX 100,000

// BODY NECTAR NOURISHING WRAP (*Sweet Orchid or Frangipani*)

Intensive moisturisation for thirsty skin.

Duration: 30 minutes / Amount: UGX 121,000

// MAISHA INDULGENCE

Body scrub, fruit wrap and massage.

Duration: 120 minutes / Amount: UGX 192,000

// AROMA SALT GLOW

Leaves your skin soft and supple.

Duration: 30 minutes / Amount: UGX 44,000

// MAISHA COFFEE SCRUB

An uplifting body exfoliation.

Duration: 30 minutes / Amount: UGX 55,000

// MAISHA CHOCOLATE SCRUB

An invigorating and vibrant scrub.

Duration: 30 minutes / Amount: UGX 77,000

// MAISHA SPA BATH

A butler drawn aroma bath in the comfort of your own bedroom (Exclusive for hotel guests)

Amount: UGX 89,000

## Grooming

// FULL LEG WAXING

Amount: UGX 66,000

// HALF LEG WAXING

Amount: UGX 32,000

// CHEST OR BACK WAXING

Amount: UGX 48,000

// BIKINI LINE WAXING

Amount: UGX 30,000

// UNDER-ARM WAXING

Amount: UGX 30,000

// EYE BROW SHAPE

Amount: UGX 18,000

// UPPER LIP WAXING

Amount: UGX 18,000

// UPPER LEG WAXING

Amount: UGX 44,000

// CHIN WAXING

Amount: UGX 22,000

// ARMS WAXING

Amount: UGX 44,000

## Nails and Feet Care

// MANICURE

Duration: 45 minutes / Amount: UGX 44,000

// SPA MANICURE

Duration: 60 minutes / Amount: UGX 77,000

// SPEEDY MANICURE

Duration: 30 minutes / Amount: UGX 32,000

// PEDICURE

Duration: 60 minutes / Amount: UGX 55,000

// SPA PEDICURE

Duration: 75 minutes / Amount: UGX 89,000

// SPEEDY PEDICURE

Duration: 30 minutes / Amount: UGX 44,000

// POLISH CHANGE

Duration: 15 minutes / Amount: UGX 18,000

## Kids' Spa Treat

// KIDS MANICURE

Duration: 325 minutes / Amount: UGX 27,000

// KIDS PEDICURE

Duration: 30 minutes / Amount: UGX 37,000

*There are various other spa packages available on request. Gift vouchers are also available.  
Bookings cancelled 30 minutes before appointment will be charged at 50%. No shows at 100%.  
All online bookings require at least 24 hour lead time; this gives us enough time to place your booking on our schedules.*

*For Booking, please contact the Maisha Spa Reception or Telephone No. +256-313-221-000/502*



LAKE VICTORIA SERENA  
GOLF RESORT & SPA

